

THE SCOTTIE GUARDIAN



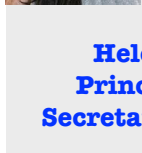
Quarterly Newsletter of the STCA's Health Trust Fund



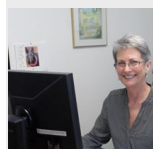
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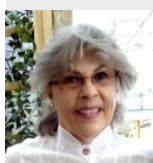
Michael Bishop



Michael Krolewski



Joanne Orth



**Fran Reid-Sanden,
Newsletter Editor**

Welcome to a new decade and the 2020 Edition, Issue #1 of *the Scottie Guardian*, the quarterly e-Newsletter of the STCA's Health Trust Fund!

We are excited to launch 2020 with new articles, amusing anecdotes and helpful information that we are sure our readers will enjoy.



In this and future issues for 2020, you can look forward to:

- *Updates and final reports on important research, including the landmark 5-year bladder screening project at Purdue University;

- *Articles written by our Health Trustees and other guest authors on a variety of health and safety related topics;

- *Links to webinars and podcasts and other website resources;

- *More answers to your questions in the column, *Glad You Asked!!*

- *More news on HTF hosted and supported clinics, fund raisers and seminars;

- *And much more!

Thanks to the skills of our Editor and HTF Trustee, Franny Sanden, and her trusty sidekick, Ragin, we are sure that you will continue to enjoy our little newsletter with a big mission: to deliver the latest and best health info for your Scotties!

Happy New Year to all!
Marcia Dawson, HTF Chairman
hijinkscot@gmail.com

Be sure to visit the STCA webpage at www.stca.biz for more details on Health and the Health Trust Fund pages, including links to the ScottiePhile Health library and HTF donation pages.

It is that time of year, again...

Now that the holidays are over, many of us are bombarded with emails, brochures, magazines, and flyers offering special deals, all asking us to start planning our holidays or vacations in the new year. Like you, I have to start with selecting a few dates and then finding someone to watch the dogs (and the cat!) while we travel. That done, we make our plane and hotel reservations, get out our road maps, but what plans do we make for our furry friends? I would like to share the following with our readers.

This past Christmas holiday, our grandson, home from college, was asked to watch the dogs of his parents' next door neighbors while they were traveling.

several times a day, fed them, and played with One day the smallest dog, a "puggle," ran older brother, spent many hours searching the me asking what to do (Grandma knows Animal Control, which they did, only to find was in the animal shelter. I contacted the information he needed to retrieve the dog and



Danny dutifully let them out in the yard them, just as he has done in the past. away. Danny, his father (my son) and the neighborhood, with no luck. They called everything!) and I told them to contact out that the dog had been picked up and Animal Shelter to determine what was told that the owners had to verify that

Danny was allowed to come get the dog for them. Fortunately, the owners were traveling in Louisiana and were reached by email, so they sent an email to authorize the retrieval of the dog.

So, why did I relate this little story to you? Everyone who travels and leaves his animals home with a sitter should have a plan for the animals. This is what we do for ours:

*Leave a letter with your sitter, which authorizes him/her to act in your stead while you are away, just in case you cannot be reached in an emergency. This letter should specify what the sitter can do—authorize veterinary care, retrieve lost animals, etc. If you have family members or helpful neighbors nearby, share the same with them.

*File the same letter with your veterinarian along with the name of the responsible sitter person and a phone number.

*List all of the animals' names and their microchip numbers, and physical identification if any (floppy ear, white blaze on chest, very gray hairs, etc.). If you have multiple dogs in kennel runs make the notation of which dogs are in which runs. I have always had the Scotties' names on the wall of each run, and I keep one dog and one bitch together—easier to identify!

*Provide the sitter with a reliable cell phone number, email, and a copy of your itinerary.

*Post a list where the animals' food is prepared, with notations of amounts and type of food, time of day to feed, and any medications that need to be administered.

*Finally, be sure the sitter has the name and phone number of your veterinarian, and any family member or neighbor who could help in an emergency.

So, when making your holiday plans for the new year, be sure to make plans for your furry friends. You will travel without worrying about what could happen when you are away and will have a great trip!

Helen Prince

ANNOUNCING!

The HTF is pleased to start the New Year with the news that 5 of the STCA's 20 Regional Clubs will be hosting bladder screening clinics throughout the year, funded by the HTF! Congratulations to The STC's of California, San Francisco Bay, Chicago, Greater Dayton, and Michigan, who stepped up and submitted proposals to the HTF for a \$2,000.00 grant to cover expenses of an ultrasound screening clinic for their members and other Scottie owners in their areas. All clubs presented excellent proposals, with well-planned logistics and highly skilled professionals lined up for the procedures.

How to choose three out of the five? Thanks to a very generous donation of \$5,000.00 from the Door County Scottie Rally, the HTF Trustees voted to match those funds with another \$5,000.00 to support the bladder screening clinics for all five clubs! Once again, Michele Geiger-Bronsky and the entire Door County Scottie Rally board members have made a huge commitment to support Scottie health, benefitting Scotties across the entire country.

Special shout out and huge thanks to the DCSR!

The HTF is excited to be encouraging our clubs to educate, reach out and set an example to other Scottie owners by holding a bladder screening clinic for this devastating cancer, so prevalent in our breed. With 5 clinics spread out across the country during the year, the potential to help many Scotties is huge, and we hope the message will be clear to all Scottie owners: Routine screening and early diagnosis is the key to a more successful outcome in the case of bladder cancer!

The HTF will post updates and contacts for all 5 screening clinics as soon as the details are known.

Upcoming Screening Clinics

Club: the Scottish Terrier Club of San Francisco Bay
 Date: February 23, 2020 or March 8, 2020.
 Location: Adobe Animal Hospital South Bay
 15965 Los Gatos Blvd., Los Gatos, CA
 Ultrasonographer: Dr. Lindsay Connors
 Contact: Linda Bartolotta, lindambart@sbcglobal.net



Club: The Scottish Terrier Club of California
 Date: May 23-24, 2020
 Location: Los Angeles County Fairgrounds, Pomona, CA
 Ultrasonographer: David Klang, Scan in a Van, mobile diagnostic imaging services
 Contact: Mark LaBonte, sdscottydogs@gmail.com



BULLETIN BOARD

2020 Health Trust Raffle

Royal Doulton Figurine

HN1282

A Royal Doulton Art Deco figure designed by Leslie Harradine and issued from 1928 to 1938, "Scotties" depicts a woman, sitting on a bench with her two black Scottish Terriers. Splendidly hand painted in a pink colorway, the figure was produced in an era when Scotties were a popular fashion accessory.

4.5" x 5.8" x 3.0"

Generously donated to the HTF by

The Door County Rally Inc.

Pristine condition

Tickets \$10 each or Five for \$40.00

The HTF will be selling raffle tickets at Rotating and Montgomery.
Drawing will be held at the Annual Dinner on October 2nd.

On-line tickets will be available to download after Rotating weekend.



FREE PATELLA EXAMS AT ROTATING

The HTF will be providing FREE Patella Exams at Rotating! Visit the HTF table and take advantage of the opportunity for a free OFA Patella Exam for the CHIC Registry.

Exams will be held between 10AM and 2PM on Saturday March 21st at the HTF table. Preregistration is not necessary.

Exams will be performed by Dr. Gary Smith, County Animal Hospital, Mason, OH. The HTF will have the OFA applications available for you to fill out. Your Scottie's microchip number will be scanned for positive identification.

The HTF will also be selling orders for discounted vWD and CMO DNA tests.
\$45 per test plus registration.

Don't Miss Out!





GLAD YOU ASKED!!

This column will appear in each issue of the Newsletter. You ask the question and we'll attempt to answer it.

Q: *Is it true that raw eggs are dangerous to feed my Scottie?*

A: No.

There are a lot of myths and misconceptions about feeding raw eggs to dogs. Opponents point to the risk of biotin deficiency and possible Salmonella poisoning as well as a high level of cholesterol.

What are the facts?

***Nutrition:** Eggs are a complete food, nourishing the growing chick and feeding many predators, including our dogs' wild ancestors.

***Eggs** are also an important source of amino acids, the building blocks of protein. Eggs help build muscle, strengthen hair and repair tissue.

***Eggs** are full of goodies! They are an excellent source of Vitamin A, Riboflavin, Folate, Vitamin B12, Iron, Selenium, and Fatty Acids.

***Note:** Egg whites contain enzyme inhibitors which, if fed in great quantities, can interfere with digestion, especially in very young or old dogs.

***Note:** Eggs whites contain avidin, an inhibitor of Biotin which is one of the B Vitamins. Biotin is important in cellular growth, fatty acid metabolism, hair and skin health. Thankfully, a Biotin deficiency is a rare event, and it would take a huge daily volume of raw egg whites to lead to this problem. Furthermore, egg yolk is high in biotin, which counteracts the avidin effects in the whites.

***Salmonella:** This can be an issue if the eggs are old or spoiled and/or not stored properly or not sourced from a healthy environment. But remember, dogs are scavengers, and for the most part they are able to handle the bacteria in any raw food (or dead carcass they find in the yard!).

***Cholesterol:** Fortunately, it is extremely rare for dogs to suffer from arteriosclerosis, an accumulation of cholesterol inside the arteries that causes the narrowing and obstruction responsible for heart attack or stroke in humans.

***It** is always wise to start slowly with any diet changes in case your dog has a sensitive stomach to new foods. Start out feeding an egg just two or three times per week, to see how your Scottie handles it.

***If** you are lucky enough to have access to fresh, organically produced farm eggs with untreated shells from cage-free, happy hens, you can also wash the shells as you use them, dry them, grind them up and feed them as an extra source of calcium and protein. (Commercially produced eggs are cleaned, which removes the natural protective coating, and often sprayed for a shiny appearance.)

Of course, cooking the egg will remove many of the potential concerns, but cooking also removes some of the nutrition in those many enzymes and vitamins. Bottom line: Feed in moderation. As long as the egg does not represent the mainstay of a dog's diet, there are few more nutritious additions to your Scottie's food than "the incredible, edible egg!"





Fortunately, there are several ways to protect your dog's paws this winter. Make sure to prepare for the cold weather with the following options:

Booties: Love them or hate them, booties are a good way to keep your

pup's paws covered during the winter months. Not every breed is intended to withstand cold weather, therefore booties are an effective way to protect your canine's paws because they offer warmth, full coverage, and are durable. To find your dog's right size measure from the heel to the tip of the toenail.



From Your Editor's Desk

Hi Again! This month I'm going to talk about booties for dogs. You see, Mom just got back from a two-week trip to Norway to go reindeer sledding and see the Northern Lights (i.e., the Aurora Borealis). Some of her group went dog sledding and the dogs were wearing booties to protect their feet. Well, she thought it would be a good idea if I talked about them in this issue.

The AKC has a good write-up about them and I thought it would be a good idea if I had four since I live in snowy Colorado. Here are some highlights from the AKC article by Dr. Jerry Klein, AKC's Chief Veterinary Officer:

"During the wintertime, your dog's paws can take a beating with all the snow, ice, salt on the sidewalk, and overall cold weather. It's important to protect their paw pads as they don't have protection like we do when we wear shoes."

Keep Walks Short: During the extreme cold, it's best to keep walks short for your canine. Being out in the cold too long is dangerous and can lead to frostbite. Keep in mind, if it's too cold for you, chances are it's too cold for your dog too. If you do take your dog for a walk, you may want to consider putting them in a coat or jacket."

The Scottish Terrier Club of America's Health Trust fund is a 501c3 organization established in 1994 for the purpose of supporting research to benefit all Scotties, investigating and monitoring health issues in the breed using registries, databases and health surveys, and communicating important new health information and research findings to all Scottie owners. All donations made to the HTF are tax deductible to the extent allowed by the law.